



## Project R.E.S.T.

Readying EPPIC for Service & Trust

EPPIC Ministries International is a nonprofit, faith based mission organization that began in 1982. Over the years, EPPIC has honed its training, techniques and sketch material to equip, outfit and commission mime ministry crews for evangelistic outreach that have served all over the world. EPPIC focuses exclusively on the use of the performing art of pantomime to communicate visually in a powerful manner.

EPPIC is by nature a training organization that equips individuals to undertake EPPIC's mission, ministry and vision. It is through R.E.S.T. that EPPIC's members are trained and equipped. R.E.S.T. uses nine training components to prepare our mime ministry crews for EPPIC's six areas of service. EPPIC's full time members receive the full benefit of these nine components. State and national members receive components from R.E.S.T. that serve to help them become fully functional mime crews in the amount of time that their training timeline allows.

### Project R.E.S.T.'s Nine Training Components

1. Mentoring in Missions
2. Finances: The Support Raising Process
3. Covenant Community Living
4. Tools for Spiritual Growth: The Weapons of our Warfare
5. Evangelism 1 through 7
6. Decroux Movement
7. Mime Technique
8. Acting Skills
9. Composition: EPPIC Sketch Material

1. **Mentoring in Missions:** From the time you connect with EPPIC, we will begin mentoring you through the world of missions to help you discover where the Lord desires you to use your gifts and abilities. We hope that may be with EPPIC.

2. **Finances:** The Support Raising Process: After the Lord has made His call clear to you and you have determined to serve with EPPIC, we will coach and assist you through the support raising process. Read the book, *The God Ask*, and you will be way ahead of the curve.
3. **Covenant Community Living:** Full time crew members and support staff live and train in Minneapolis, MN. When you first arrive, we provide a place to stay within EPPIC's family, a place to call home for the first six months of your initial one year ministry time with EPPIC. You'll be in close quarters with your crew members as you travel...you'll want a place to refresh in Minneapolis during training times and in-between tours. You will also benefit through a covenant you strike with those you live with, insuring a safe, restful and fun place to lay your head.
4. **Tools for Spiritual Growth:** The Weapons of our Warfare: Growing spiritually has always been one of EPPIC's main concerns. We will begin with the basics and branch out from there to develop some spiritual disciplines that will profit your soul and ignite His Spirit at work within you.
5. **Evangelism 1 through 7:** EPPIC's Gospel in Mime sketch material is a great evangelistic tool in and of itself. It's when you are not performing that you need some tools to help people further down the road in their spiritual journey. You will learn seven different ways to share the Gospel message and you will use them in your ministry with EPPIC.
6. **Decroux Movement:** You will learn this pure form of movement and use your entire body, from the top of your head to the tips of your toes to communicate non-verbally with audiences all over the world.
7. **Mime Technique:** Creating something out of nothing is difficult without some technique to pull that off. You will learn mime techniques that make EPPIC's sketch material speak and your performance breathtaking. Just remember, less is more and remember to breathe.

8. **Acting Skills:** Emoting is an art in itself, but an acting skill none-the-less. You will learn skills that will take your performance to new levels of integrity and transparency while challenging your comfort zone. Get ready to meet and be you!
9. **Composition:** EPPIC Sketch Material: We teach mime composition principles in the context of learning EPPIC sketch material. The Line of Mime has a heartbeat with a beginning and an end. We will dissect sketch material and see how the principles of composition are employed to insure a clear understandable message.

Participation in R.E.S.T. begins with developing prayer and financial support. EPPIC helps mentor participants through the prayer and financial support raising process. Once a participant's prayer and financial support is in place, a move to Minneapolis, MN is required for training. Training begins in January of each year with the year of ministry ending by the middle of December. Six months into the R.E.S.T. experience, participants will be asked if they would like to stay on and continue in ministry for a second year. This gives EPPIC's organization a six-month adjustment period to make plans for the development and training of the next R.E.S.T mime ministry crew(s). The longer a ministry crew remains functional, the sharper, more versatile and adept they become in using the Gospel in Mime tool to share the hope of the Gospel as ministers of the Gospel.

EPPIC's sketch material training involves learning roles and rehearsing a combination of sketches from EPPIC's repertoire of over 60 sketches that are arranged in program lengths of 15, 30 and 45 minutes.

The R.E.S.T. experience will stretch participants in different ways emotionally, intellectually, physically, socially and spiritually in preparation for ministry together as a fully functional mime ministry crew.

Mime ministry crews range in size from 5 to 10 members. From the crew members of each mime ministry crew, a male and female crew leader is identified. These two crew leaders and crew members work with two experienced "Tour Advisors" who share in the crew leaders leadership responsibilities. As a participant in Project R.E.S.T., training, preparing and traveling with a mime ministry crew is where all the rubber meets the road...literally. Through close daily interaction, participants will be stretched

and challenged in areas of maturing that might not have previously been imagined. Participants discover more about themselves and experience God's transforming work in their lives on a deeper more intimate level. In addition to providing a unique, fun and exciting growth opportunity, the relationships that participants develop with other crew members become a source of healing and encouragement, often leading to lifelong friendships.

Life on a ministry tour is filled with meeting new people almost every day, logging in lots of travel miles by air, land and sea, seeing new sights and experiencing different lifestyles and cultures, all while performing in a variety of settings. EPPIC's mime ministry crews share the Gospel message in churches, schools, college campuses, public areas, prisons...anywhere the Holy Spirit moves and directs! Housing while on tour is normally provided by host families with an occasional hotel stay mixed in to insure a crews' sanity. Because of the fast pace and constantly changing environments, touring can be physically as well as emotionally draining, but presenting the Gospel in Mime material and seeing the Lord work through you and your crew is a fulfilling and rewarding experience. To insure the overall health of a ministry crew, tours are normally planned for a 2-3 week period of ministry followed by a time of rest.

There is a cost to participation in R.E.S.T. You will be required to put forth an effort to raise prayer and financial support for your participation prior to moving to Minneapolis. EPPIC staff members will help you raise a prayer support "Team of Ten" and help you work through the support raising book: The God Ask. This book will be provided to you upon your acceptance into R.E.S.T. along with support raising materials for you to use.

A \$200 non-refundable deposit is required by April 15 in the year before the January start date. This demonstrates a participant's resolve to pursue work with EPPIC Ministries International.

A \$500 project cost for each participant is due by May 15 in the year before the January start date. This covers all things related to the training EPPIC will be providing. This project cost pays for administrative expenses, all written materials, the trainers' time, rental space(s) and an EPPIC Crew shirt.

EPPIC recognizes that each participant's financial situation is different and each projects schedule and itinerary is subject to change. Therefore, EPPIC works with each participant to determine their support raising goal to cover

expenses related to housing and accommodations while in Minneapolis and travel costs when you are on tour.

R.E.S.T. participants are considered full-time mime crew members necessitating the need to raise a financial support team that provides anywhere from \$2500 to \$4000 per month to cover individual monthly living expenses during the year. This does not include the initial \$200 deposit or the \$500 project cost.

Variables that affect the R.E.S.T. experience expenses include what type of accommodations (housing and meals) that are made for participants during their time in Minneapolis, whether-or-not their mime crew travels domestically or internationally and costs related to travel in-country (housing, food, transportation).

There are opportunities for crew members to receive some compensation for their service on a crew, when the crew itself generates revenue through what they are doing in the field.

Travel costs to and from Minneapolis at the beginning and the end of the project are each participant's responsibility. There are opportunities to stay involved with EPPIC past the R.E.S.T. experience.

Financial support raised by each participant for their involvement in R.E.S.T is received and receipted by EPPIC Ministries International, Inc. and are tax-deductible donations according to EPPIC's nonprofit 501(C)(3) tax exempt status.

Interested in being a crew member on a mime ministry crew with EPPIC? Go to [our Connect page](#) and share your information through the Performer button and indicate your level of interest.

**[www.eppicministries.org/connect](http://www.eppicministries.org/connect)**